



Walking Club

SCIT & SECR Employee

SCIT & SECR Employee

Walking Club

12-1 p.m. | SECR

June 2018

Week 1

- May 28*
- May 30*

Week 3

- Jun 11*
- Jun 12*

Week 5

- Jun 25**
- Jun 27**

Week 2

- Jun 4*
- Jun 5*

Week 4

- Jun 18**
- Jun 20**

*Indicates walking in SECR Entertainment Hall.

**Indicates walking in SECR front hallway or outside.

Lets Get Moving!

All employees and Tribal Members can

**Walk at Morey Courts
anytime for free!**

For more information, please contact:



Good Health, Great Life

Toni Smith

Wellness Coordinator

• Phone: 989.775.5624

• Email: TSmith@sagchip.org



Saginaw Chippewa Indian Tribe of Michigan

"Working Together for Our Future"

7070 E. Broadway
Mount Pleasant, MI 48858
989-775-4000
www.sagchip.org